



DRSABCD Action Plan



St John
AMBULANCE

D

Danger

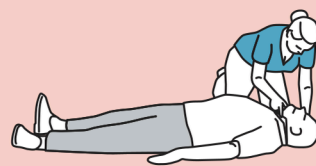
Check for danger ensure scene is safe



R

Response

Check for response
Ask name, squeeze shoulders



Responsive

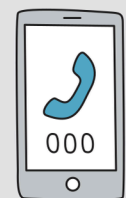
- Make comfortable
- Look for signs and symptoms
- Manage cause
- Call Triple Zero (000) if deemed necessary

No Response

S

Send

Send for help
Call Triple Zero (000) for an ambulance, or ask a bystander to make the call



A

Airway

Open mouth
Look for foreign material

Foreign material

- Place in recovery position
- Open mouth and clear away foreign material
- Tilt head to open airway



No foreign material > Leave on back – tilt head to open airway

B

Breathing

Check for breathing
Look, listen, feel



Breathing normally

- Place in recovery position
- Ensure ambulance has been called
- Monitor breathing and response

Not breathing normally > Ensure an ambulance has been called on Triple Zero (000)

C

CPR

Start CPR - 30 compressions : 2 breaths
If unwilling or unable to perform breaths,
perform chest compressions only (100/min)



Continue CPR until:

- The casualty shows responsiveness and normal breathing
- Medical aid arrives
- You are physically unable to continue

D

Defibrillation

Apply defibrillation (AED) as soon as possible
Follow the voice prompts

